

# LaRC SAFETY HIGHLIGHTS

February 9, 2004

FY 2004 - Civil Servants



( ) = Number of new occurrences

OSHA Recordable Cases = Fatalities, Lost Time, Incidents, and Restricted Work Incidents.  
Incidents = Cases in which more than first aid treatment is required, but less than 8 hours of time is lost.  
Restricted Work Incidents = Cases requiring first aid treatment, resulting in light duty restrictions.

## Injury/Mishap Information

- The Center has been **12** days **without** a Civil Servant **Lost Time Injury**. (**Record 433 days**)
- **Restricted Workday Incident** - A SEC employee sustained a finger laceration while using a putty knife to remove wooden wedges attached to a machine part. An alternate method has been developed for the proper removal of wooden wedges.



**Stairs and Walkways** - Many injuries occur on stairways and walkways. Here are some safety tips to help deter accidents on stairways and walkways:

- Keep one hand free to use the handrails, while ascending/descending stairways.
- Keep all stairs and walkways clear.
- Don't take shortcuts (e.g., through the grass), use walkways and stairs when available.
- Exercise caution when encountering elevation changes in walkways.
- Secure electrical cords and cables so they do not lie across walkways.
- Take small steps on wet and icy walkways.



**Weekly Video Schedule** - February 9-13, 2004 - Slips, Trips, and Falls - Staying a Step Ahead; Muscle Strains and Sprains; Using Hand and Power Tools; Container Labeling; and Shop Safety. (Contact Chip Quinn, 48743)