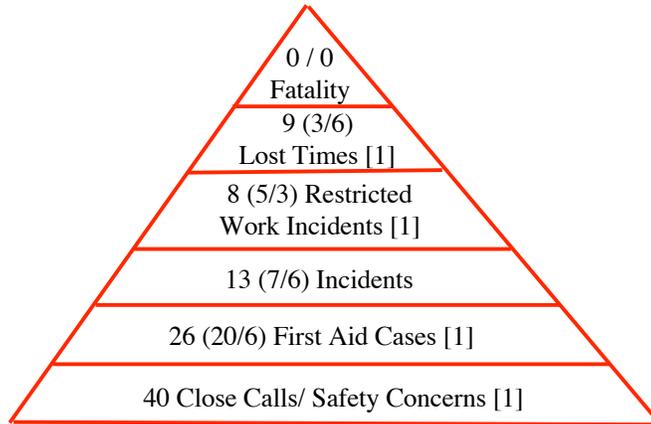


# LaRC SAFETY HIGHLIGHTS

March 29, 2004

FY 2004



Total Cases (civil servant/contractor)

[ ] = Number of new occurrences

OSHA Recordable Cases = Fatalities, Lost Time, Incidents, and Restricted Work Incidents.  
Incidents = Cases in which more than first aid treatment is required, but less than 8 hours of time is lost.  
Restricted Work Incidents = Cases requiring first aid treatment, resulting in light duty restrictions.

Close Calls and Safety Concerns may be viewed at:  
[http://safety.larc.nasa.gov/OSFAHomePageStuff/osma\\_docs/SafetyConcerns.xls](http://safety.larc.nasa.gov/OSFAHomePageStuff/osma_docs/SafetyConcerns.xls)

## Injury/Mishap Information

- The Center has been **7** days **without** a Civil Servant or Contractor **Lost Time Injury. (Record 433 days)**
- **Lost Time** - On March 21, 2004, a Diversified Technology & Services of Virginia, Incorporated subcontractor employee sustained two right leg fractures after jumping from an elevated work surface (approx. 5 feet high). The employee jumped from a seated position and landed with full weight on the right leg. It is anticipated that 30 to 45 lost workdays will be incurred.
- **Restricted Workday Incident** - An Impact Management employee sustained a lower back strain (spasms), resulting in 5 restricted workdays, while bending over to remove trash from a shower drain.
- **First Aid Case** - A SEC employee sustained a left finger contusion while securing a piece of metal into a vise with a rubber hammer. The employee inadvertently struck the left hand with the hammer.



**Safety Topic of the Month - Chair Safety** - People frequently sustain injuries by falling from chairs. It is important to take adequate precautions to prevent injuries before they occur. Some tips to remember are: Don't lean so far back in your chair that you tip backwards; never put all your weight at the very front edge of the chair, which can cause you to tip forward; and every 6 months check your chair to ensure all bolts are tight.