

# LaRC SAFETY HIGHLIGHTS

May 19, 2003

FY 2003 - Civil Servants



( ) = Number of new occurrences

OSHA Recordable Cases = Fatalities, Lost Time, Incidents and Restricted Work Incidents.  
Incidents = Cases in which more than first aid treatment is required, but less than 8 hours of time is lost.  
Restricted Work Incidents = Cases requiring first aid treatment, resulting in light duty restrictions.

## Injury/Mishap Information

- The Center has been **54** days **without** a Civil Servant **Lost Time Injury. (Record 433 days)**
- The following first aid case involving a civil servant was reported:
  - A SEC employee sustained several lacerations and abrasions to left thumb and fingers while using a 24" disk sanding machine to remove excess metal from a foundry casting. The employee's hand slipped, striking the abrasive sanding disk.



**Becoming Too Comfortable With Machinery** - Often working with your machine becomes routine, sometimes to the point that the machine begins to feel like an extension of yourself, like another hand or arm. You find yourself no longer concentrating on the machine's operation because it has become second nature to you. This feeling of security may lead to an injury, therefore **always be alert to the dangers of the machines with which you work.**



**Weekly Video Schedule** - May 19-23, 2003 - Watch Your Step (Walking and Working Surfaces); Hazards of Long Hair, Loose Clothing, and Jewelry; Machine Shop Safety; Safety Behavior - No Regrets; and Step-By-Step - Avoiding Slips, Trips, and Falls. (Contact Chip Quinn, 48743)