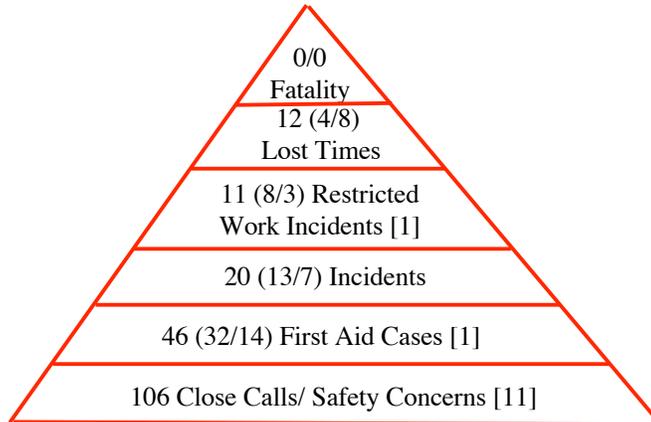


LaRC SAFETY HIGHLIGHTS

July 19, 2004

FY 2004



Total Cases (civil servant/contractor)

[] = Number of new occurrences

OSHA Recordable Cases = Fatalities, Lost Time, Incidents, and Restricted Work Incidents.
Incidents = Cases in which more than first aid treatment is required, but less than 8 hours of time is lost.
Restricted Work Incidents = Cases requiring first aid treatment, resulting in light duty restrictions.

Close Calls and Safety Concerns may be viewed at:
http://safety.larc.nasa.gov/OSFAHomePageStuff/osma_docs/SafetyConcerns.xls

Injury/Mishap Information

- The Center has been **63** days **without** a Civil Servant or Contractor **Lost Time Injury. (Record 63 days)**
- **Restricted Workday Incident** - A SMC employee sustained a left knee strain while working on an exterior sprinkler system, resulting in 5 restricted workdays. The employee stepped over a trench area to make adjustments to the sprinkler system and when stepping back across the trench, heard and felt a popping sound in the knee.
- **First Aid**
 - A SEC employee sustained a bee sting while walking outside of a Center facility.



Give Safety A Lift! Before you lift something, stop and think. Examine the object. Check the weight listed on the packaging, or try tilting a corner to estimate the weight. If the object is too heavy or too awkward to lift by yourself, get a hand cart or ask others to help you. If you decide to carry the item yourself, remember to stand as close to the load as possible; bend at the knees, keeping your back straight; grasp the load firmly; lift with your legs; and hold the load as close to your body as possible.